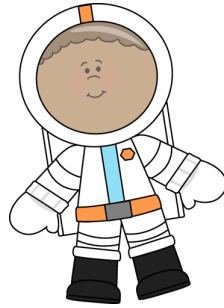


OPT Parent Newsletter



Young Horizons
Child Development Centers
Long Beach, CA
www.younghorizons.org
June 2018

OPT News

June is here, and with it our Annual Family Picnic! We are excited planning activities for the children and getting everything ready. The OPT will be providing hamburgers and hot dogs. You can bring your favorite dish to share. Sign up for the pot-luck and to volunteer on the sign-up lists at your centers. Don't miss the opportunity to win 3 Gold Passes to Knott's Berry Farm and Soak City with unlimited visits until the end of the year. Tickets are already available, ask your teacher. 1 ticket for \$5.00 or 5 tickets for \$20.00.

For teacher appreciation week, our treasurer Jacqueline Gonzalez visited all the sites and took thank you cards and Target gift cards to all the staff. They also received backpacks and movie tickets from Young Horizons that were delivered by our Executive Director Sarah Soriano and our Program Director Danielle Triplett. We hope the teachers felt very appreciated. We are very grateful for all they do.

Our Take Home Book Program graduations and No TV Night went well. Thank you parents for participating and instilling the love for reading in your children. The children enjoyed the activities prepared by the teachers for No TV Night. Thank you to all of you that had the opportunity to stay and join in the fun.

June is our graduation month. It is a bitter-sweet time. We are proud of what the children have accomplished and excited for their new journey, but we're also sad that they have to leave. We are grateful that you entrusted us with the care and education of your child and wish the best for the future.

Dinora Navarro
Administrative Assistant/OPT Coordinator
dnavarro@younghorizons.org
(562) 437-8991 ext. 14



Cooking Experience
6/12/2018

Very Berry Smoothie



Monthly Theme: Space

This month's learning theme at Young Horizons is "Space". The children will learn about planets, stars, the moon, the sun and astronauts.

They will discuss the solar system and how many planets it has, learn their names and their order and identify which planet we live on. They will learn what is a star, what they are made out of, why they have different colors, and why they twinkle. Astronauts will be another subject they will learn about. How they survive in space, what they eat, how they sleep and exercise.

Some of the activities will include creating a solar system, pretending to be an astronaut, water coloring their favorite planet, and creating a space helmet out of paper bags and crayons.

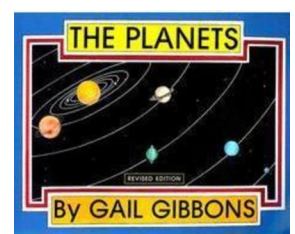
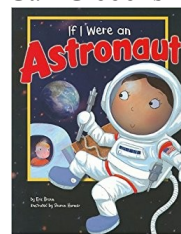
One of the ways in which you can join your child in this learning adventure is by reading the books we are recommending for this month. Visit a free museum such as the Science Center or just go outside at night and look up at the stars. Ask your child questions about what they see.

This month we recommend the following books to extend classroom learning:

"Rockets and Spaceships" By: Karen Wallace

"If I Were an Astronaut" By: Eric Broun

"The planets" By: Gail Gibbons



Preschool Enrollments are here!

Enrollment for the Half-Day State Preschool Program, school year 2018-2019 at our Central Pacific Center located at 1840 Pacific Ave, Long Beach, CA 90806 has officially begun! Spaces are limited so be sure to schedule an enrollment appointment by calling (562) 599-3136 if your child will be returning or if you have 3 year olds ready to learn and play. Remember to spread the word with friends and family!



Communicating with Your Child

Good communication between you and your child is important for developing a positive relationship. As your child gets older, good communication will make it easier for you to talk to him about things like alcohol and drugs. Good communication with your child can start early. Two skills that are helpful for good communication with toddlers and preschoolers are praise and active listening.

Keys to Communicating with Your Child

1. Praise your child when she does something right. The more you praise a behavior, the more likely it is your child will behave the same way again.
2. Pay attention to your child when he is talking to you or trying to communicate with you. Giving him your full attention will help you understand what he is telling you. It will also make him feel like you care about what he has to say.
3. Set aside time each day to talk and play with your child. Creating a special time lets your child know she is important. It also strengthens the bond between the two of you.

<https://www.cdc.gov/parents/essentials/communication/index.html>

<u>Graduation Dates</u>	
Central Pacific	Wednesday 6/20/08
AM Session	Room A & D1 at 9:00 a.m. Room B & C at 10:00 a.m.
PM Session	Room A & D1 at 3:00 p. m. Room B & C at 2:00 p.m.
Grisham Center	Friday 6/8/18 at 4:00 p.m.
Kohn Center	Friday 6/29/18 at 4:00 p.m.
Ludloff Center	Friday 6/22/18 at 4:00 p.m.
North Pacific Center	Friday 6/15/18 at 4:00 p.m.

OPT Annual Family Picnic 2018

Recreation Park

4900 E 7th St, Long Beach, CA 90804

10:00AM-2:00PM

Bring your favorite dish!

Saturday, June 23, 2018



Families must check in at the registration table to get wristbands for children. Only children with a wristband will be able to join in the activities. You may also purchase tickets for our **opportunity drawing of a Pack of 3 Gold Passes to Knott's Berry Farm and Soak City for 1 ticket for \$5.00 or 5 tickets for \$20.00.**

Activities at the park will include three jumpers; one for toddlers and two jumpers for preschool aged children. **Jumpers will only be available for children 10 years old and under.** This is for the safety of our preschool-aged children and to take every precaution to keep our little ones safe.

We will also have various activities going on simultaneously such as play dough-making, picture station, and face-painting. Parents please keep a close eye on your children while at the park. Make sure you are aware of them throughout the entire day. We would like to prevent any accidents so that everyone can enjoy the day with their families. Staff will not be supervising children.

Alcoholic beverages are not allowed. If you are bringing a pet, it must be on a leash and must remain with you at all times. The OPT and Young Horizons Staff hope to see you all there to celebrate family and the well-being of our children. Remember to wear your Young Horizons T-Shirts!



ReadyRosie is a simple tool for you to:

- Hear what we are doing in the classroom
- Discover activities and games you can play that relate to your child's classroom learning
- Have more fun than ever with your child through meaningful interactions

Ask your teacher how to sign up and start having fun!

CIVIL RIGHTS STATEMENT

Discrimination Complaint Form, AD-3027, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture Office of the Assistant In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600(voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information is available in languages other than English. To file a complaint alleging discrimination, complete the USDA Program Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410 fax: (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.