



Young Horizons

Child Development Centers

www.younghorizons.org

Spring 2019

“Educate Early”

Long Beach Camerata Singers Entertain Children with Brahms’ Lullaby

Performance thrilled children and parents alike

Young Horizons children and parents at our Central Pacific center were treated to a special performance of Brahms’ Lullaby by the Long Beach Camerata Singers this spring.

They presented a program titled, “Meet Mr. Brahms,” an interactive music-learning event. The program highlighted young Mr. Brahms when he was discovered for his musical ability and then went on to showcase one of his well know lullabies, “Brahms’ Lullaby.”

Children learned about how young Johannes Brahms loved music and could play many instruments and knew every note by ear. The program followed with a brief music lesson about keeping tempo and how to conduct a song. Children were able to conduct the song as the singers sang.

Thank you Patricia Petersen, Beverly Cain, Jan Hower and the talented Long Beach Camerata Singers, for making this fun event possible.

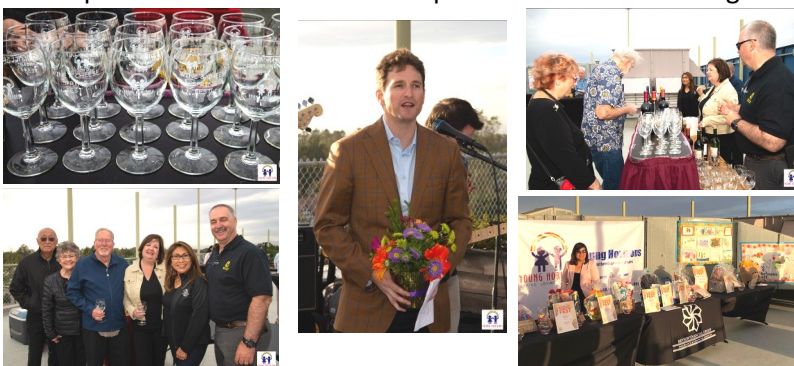


3rd Annual Wine & Cheese Spring Fest

Fun Fundraising Event to support our programs

Our 3rd Annual Wine & Cheese Spring Fest was a great success. It was held on the Rooftop Garden of the Bryson Financial building. Spectacular views and a beautiful garden helped make the evening extra special. Our special *sommeliers*, Orange County Wine Society, were on hand with a team of volunteers to serve the wine.

A big thank you to *Still Spark*, a local band led by Seth Freeman and Dan O’Leary. Their music filled the air with a country/classic rock blend of sounds. Thank you to our dedicated board and volunteers for their time and commitment to making this a memorable event. Our parent speaker, Jacqueline Gonzalez, shared how Young Horizons has impacted her child’s life and helped her continue working.



Photos courtesy of Mike Deary, with profound gratitude.



More information on Page 3, Event Calendar

Executive Director Message




Spring has Sprung

The first quarter of this year has flown by and Spring is here. Spring always brings a sense of refreshing and renewal. We see our children who began the year in the fall as confident explorers, using their critical thinking skills to understand how the bean they planted just weeks ago is now a beautiful green plant. They have friends and communicate their feelings and express their wants and desires. Our children are growing and developing and many will soon be leaving the center they have known as their home-away-from-home since six months of age and going to Kindergarten.

This is the reason we do this work. We see the growth, the learning and development year after year of children who confidently step out into the big wide world.

We are grateful to be selected as the LB Chamber of Commerce honoree in recognition of our 50th anniversary. Young Horizons accomplishments will be highlighted at the Chamber's gala on June 19th at The Westin Long Beach. Thank you to our Advisory Board members whose sponsorship made this possible. If you are interested in attending, please contact our office.

Many more events are planned to celebrate our 50th Anniversary at our centers. Make sure you follow us on social media to keep in touch. The year will end with our Gala at The Maya Hotel on October 17. Please join us.


Sarah M. Soriano
Executive Director

Trauma-Informed Care Training for Staff

Strong and healthy relationships with children have healing power

As is customary each spring, we provided a special day for our teaching staff to receive professional development training outside of the centers. Staff need to be abreast of current topics in Early Education and be prepared to give our children the best care possible.

More and more we are seeing children with behavior challenges and the inability to cope with difficulties. Teachers need to be prepared to handle these types of cases and guide children in their development.

We were very fortunate to have Dr. Ron Powell, a specialist in Trauma-Informed Care present on this important topic. He spoke on **Trauma, Behavior and the Healing Power of Relationships**. Childhood traumatic experiences have lifelong neurobiological consequences that affect the ways in which children perceive themselves and the world around them.

Studies show that one in five children in California has experienced such significant trauma that it results in academic and behavioral difficulties in school, and affects the child's ability to learn and build healthy relationships. Children who have experi-

enced toxic stress cannot learn unless they feel safe in their learning environment. The sense of safety, however, does not come from the presence of security resource officers, rigid discipline standards, zero-tolerance policies or by being told that they are safe.

Personal felt safety comes through the establishment of relational connections with consistent, supportive, and caring adults in the child's life.

The presentation used the latest research in affective neuroscience and focused on the educational implications of the impact of trauma on the child's stress-response system and the important role that teachers play in building relationships that foster security and create a neurological climate in which learning and behavioral self-regulation can occur.

Staff were very grateful for this training and immediately put into practice the tools and strategies he offered. Our main purpose and goal is to make sure all children receive the loving care they need to succeed and thrive. And making sure staff are prepared is of paramount importance.

Dr. Seuss Read Across America Day

Enjoyment for both children and volunteer readers

We asked you to "grab your hat and read with the cat" and we are so grateful for those who did. We had 27 volunteer readers visit our centers and read a book with the children. Dr. Seuss Day or Read Across America Day is meant to highlight the importance of reading and instill a lifelong love of reading in children. One of our volunteers, Marcus Hobbs, brought his son 9 year-old Austin, because he wanted to read to the children too. Austin was a superstar to the children who crowded around him as he read his favorite Dr. Seuss book. Teachers prepared thank you treats for the volunteers.



Week of the Young Child Celebrated

National event brings awareness to Early Education

Each April, the Week of the Young Child is celebrated across the nation to highlight the importance of early education. The children at our centers had a wonderful opportunity to celebrate this week with special activities each day.

Monday was Music Monday. Children sang songs, made instruments out of cardboard boxes and maracas out of water bottles. One parent brought a karaoke machine that the children got to sing and enjoy using. Tuesday was Taco Tuesday. At our Kohn Center, the children directed their own activity and created a "taco truck." Children took turns ordering tacos and pretending to be cooks. On Work Together Wednesday, children built things together and, at our North Pacific center, they even planted their garden working together. Artsy Thursday brought out the Picasso in all the children and they proudly showed off their masterpieces at Family Fun Friday. Each center held an Art Gallery showing off the beautiful masterpieces created by the children.



Karaoke Fun on Music Monday



Taco Tuesday "Taco Truck"



Working together on Wednesday



Art Gallery Masterpieces

LB Fatherhood Initiative

We support Fathers at Young Horizons

Young Horizons is proud to take part in the City of Long Beach's Fatherhood Initiative. This program encourages businesses, agencies and organizations to implement father friendly policies and practices that make places and spaces better for the whole family. This campaign works to acknowledge the important role that fathers play in their child's life; fathers are caregivers, nurturers and role models to their children. Let's empower and celebrate our dads by building a supportive community that will let fathers, their children and the whole Long Beach community thrive!

At Young Horizons, this is part of our daily practice. We have equal access for fathers and mothers alike. One important piece of this initiative is having a changing station available for babies in all restrooms. We are proud to have this practice in place at our centers.

Our policies and practices include fathers in our program to ensure that they are welcome, can participate and feel they are a part of the program. Thank you LB Fatherhood Initiative for highlighting this important issue.



Look for this decal at all of our centers.

SAVE THE DATE:

Center Closures

Centers will be closed to observe the following holidays and special events:

Memorial Day

May 27, 2019

Independence Day

July 4, 2019

Professional Development Day

August 31, 2019

Labor Day

September 3, 2019

Thanksgiving Holiday

November 22-23, 2019

Christmas Holiday

December 23-25, 2019

New Years Holiday

December 31, 2019 & January 1, 2020

50th Anniversary Gala ***SAVE THE DATE***

Celebrating 50 years of caring, loving, learning.

On October 17, 2019, we will gather under the stars at the Hotel Maya to celebrate the contributions Young Horizons has made to the children and families of Long Beach over the last 50 years.

The evening promises to be memorable with music, delicious food, and cocktails. One of our honorees will be our co-founder, Irena Kohn, in memoriam.

The Hotel Maya sits on the bay with a stunning view of the City we serve. Surrounded by members of the community who are committed to make the city better through early childhood education, it's a date you can't miss. Tickets will be on sale in mid-summer, for \$150 per person, available online at:

www.younghorizons.org.

Contact us for sponsorship opportunities and packages.



Young Horizons
 Child Development Centers
 501 Atlantic Avenue
 Long Beach, CA 90802

Address Service Requested

To our friend (s):



ELECTRONIC NEWSLETTER
AVAILABLE

Please email us at info@younghorizons.org
 if you prefer to connect electronically.

Our mission is to provide quality childcare and preschool programs in a caring, loving and learning environment.

Young Horizons is a non-profit 501 (c)(3) organization serving children in Long Beach. Donations are tax deductible to the limit allowed by law.

Board of Directors

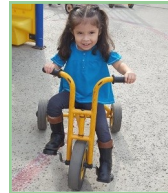
Founders:

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- Ed Sudario
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Serving 416 children in five Long Beach locations

Kohn Center/Main Office

501 Atlantic Ave.

North Pacific Center

2418 Pacific Ave.

Grisham Center

11 A W. 49th St.

Central Pacific Center

1840 Pacific Ave.

Ludloff Center

2650 Pacific Ave.

License #198000638

Young Horizons is an equal opportunity provider and employer

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