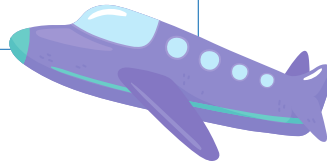




Monthly Theme: Transportation

This month, we explore different modes of transportation. We will start with land transportation in the first two weeks, followed by air and water transportation in the third and fourth weeks. Children will learn to recognize and distinguish between various types of transportation, explore materials to construct them, and learn about traffic safety, wind speed and cause/effect. In addition, we will create an airport and identify the different parts of an airplane.



Important Dates

2/03/24 - Early Learning & Kindergarten Festival 9:00-12:00 pm
5075 Long Beach Blvd., Long Beach, 90805

2/7/24 - Disaster Preparedness Parent Workshop Kohn Center at 4:00 pm

2/16/24 - Centers Closed for Professional Development Day

2/19/24 - Centers Closed for President's Day

2/24/24 - Early Learning Fair- Mark Twain Library 1401 E Anaheim St, Long Beach, CA 90813 2:00-4:00 pm



Parent Advisory Council (PAC) Corner

We're excited to welcome the new year with fieldtrip, new fundraisers, picnic and graduation planning! Our parent council meets on the 3rd Thursday of each month at Kohn Center, 4:45 pm and all parents are invited to join us.

This month we will discuss new fundraising options and an overview of the pcoming activities to end the school year.

Upcoming activities include:

- Spring Fundraiser
- Read Across America
- Picture Day (at all centers)

Staff Spotlight

Is there a staff, teacher or center you would like to shine some light on? Scan the QR code and submit your comments!



The Benefits of Early Childhood Friendships and 3 Tips for Helping Your Child Establish Meaningful Friendships

Your child's first days of school can be some of the most memorable days of their early childhood. Even if your child has attended preschool or daycare, starting school marks an important developmental milestone. These first days of school can also be bittersweet for parents. Your "baby" is growing up and becoming more independent.



The good news is the friendships kids make during their preschool and kindergarten years will become a great support system. Research shows that establishing friendships is an important developmental goal for children under the age of seven.

Here are a few ways adults can help kids develop positive, rich friendships:

- 1. Model friendship skills-** Children take behavior cues from watching the adults in their lives.
- 2. Encourage friendships that are important to your child-** If your child establishes an important relationship that brings them joy, support it, even if the kids attend different schools.
- 3. Respect your child's personality-** When it comes to making friends, it's important to let your child be who they are.

In the end, children will grow socially as they grow physically, emotionally, and cognitively through their school years. With the loving support of parents and adults, children will enjoy the journey toward developing meaningful friendships their whole lives.

For a complete view of this article, visit: <https://www.exchangefamilycenter.org/exchange-family-center-blog/2019/10/1/the-benefits-of-early-childhood-friendships-and-3-tips-for-helping-your-child-establish-meaningful-friendships>

Family Friendly Activities Planned at Downtown's Lincoln Park

The City of Long Beach, is launching a new series of free, family events at Downtown Long Beach's Lincoln Park for families, teens, and older adults.



For more information and a full view of the calendar of events, please visit <https://www.longbeach.gov/park/>

LINCOLN PARK MONTHLY CALENDAR

2024 January - March	TUESDAYS Walking Group	WEDNESDAYS Intro to Fitness with Park Equipment	FRIDAYS Play date in the Park	FRIDAYS Come and Dance: Moving & Grooving
	Time: 5 - 6 p.m.	Time: 5 - 6 p.m.	Time: noon-1 p.m.	Time: 5 - 6 p.m.
All ages Description All walking is done on flat ground starting at Lincoln Park and walking around the civic center and Billie Jean Library. Walk as long as you'd like.	(13 ages and up) Description Learn many ways to apply a healthy style with simple use of park fitness equipment. This beginner exercise class is designed for people of all fitness levels.	(3 year and up) Description Learn different ways to explore many fun activities for casual playdates with our PRM team.	All Ages Description Learn different types of freestyle dance with different genres of music. Beginner class that includes line dancing and other fun dances.	

Daily programming from 11 a.m.-6 p.m. we have our fun zone area with different variety of lawn games, art & craft activities, board games and helpful staff!

Activities and Schedule are subject to change
FOR MORE INFORMATION, VISIT LBPARKS.ORG OR CALL 562.570.3551

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CITY OF LONG BEACH

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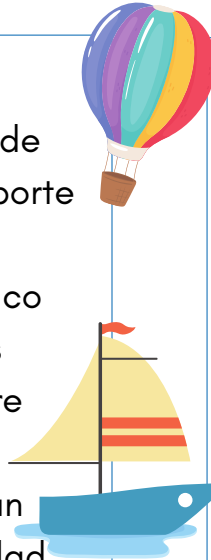
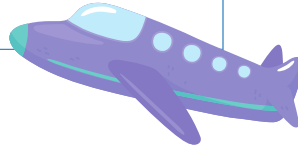
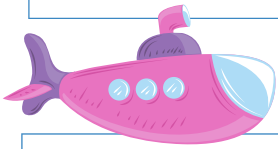
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Tema Mensual: Transporte

Este mes, exploramos diferentes modos de transporte. Comenzaremos con el transporte terrestre en las primeras dos semanas, seguido por el transporte aéreo y acuático en la tercera y cuarta semana. Los niños aprenderán a reconocer y distinguir entre varios tipos de transporte, explorarán materiales para construirlos y aprenderán sobre la seguridad del tráfico, la velocidad del viento y la causa/efecto. Además, crearemos un aeropuerto e identificaremos las diferentes partes de un avión.



fechas importantes

2/03/24 - Festival de Aprendizaje Temprano y Kinders 9:00-12:00 pm
Dooley Elementary- 5075 Long Beach Blvd., Long Beach, 90805

2/7/24 - Taller para padres de preparación para desastres en el Centro Kohn a las 4:00 pm

2/16/24 - Centros Cerrados para el Día del Desarrollo Profesional

2/19/24 - Centros Cerrados por el Día del Presidente

2/24/24 - Early Learning Fair- Mark Twain Library 1401 E Anaheim St, Long Beach, CA 90813 2:00-4:00 pm



Rincón del Consejo Asesor de Padres (PAC)

¡Estamos emocionados de dar la bienvenida al nuevo año con excursiones, nuevas recaudaciones de fondos, picnics y planificación de graduaciones! Nuestro grupo de padres se reúne el 3er jueves de cada mes en Kohn Center, a las 4:45 pm y todos los padres están invitados a unirse a nosotros. Este mes discutiremos nuevas opciones de recaudación de fondos y una descripción general de las actividades que se realizan para terminar el año escolar.

Las próximas actividades incluyen:

- Recaudación de fondos de primavera
- Leer en todo Estados Unidos
- Día de la Fotografía (en todos los centros)

Destacar

¿Hay algún miembro del personal, profesor o centro sobre el que le gustaría arrojar algo de luz? ¡Escanea el código QR y envía tus comentarios!



Los beneficios de las amistades en la Primera infancia y 3 consejos Para ayudar a su hijo a establecer amistades significativas

Los primeros días de escuela de su hijo pueden ser algunos de los días más memorables de su primera infancia. Incluso si su hijo ha asistido al preescolar o a la guardería, el comienzo de la escuela marca un hito importante en el desarrollo. Estos primeros días de clases también pueden ser agri dulces para los padres. Su "bebé" está creciendo y volviéndose más independiente.



La buena noticia es que las amistades que los niños hacen durante sus años de preescolar y jardín de infantes se convertirán en un gran sistema de apoyo. Las investigaciones muestran que establecer amistades es un objetivo importante para el desarrollo de los niños menores de siete años.

Estas son algunas maneras en que los adultos pueden ayudar a los niños a desarrollar amistades positivas y ricas:

1. Modele las habilidades de amistad: los niños toman señales de comportamiento al observar a los adultos en sus vidas.
2. Fomente las amistades que son importantes para su hijo: si su hijo establece una relación importante que le brinda alegría, apóyela, incluso si los niños asisten a diferentes escuelas.
3. Respete la personalidad de su hijo: cuando se trata de hacer amigos, es importante dejar que su hijo sea quien es.

Al final, los niños crecerán socialmente a medida que crezcan física, emocional y cognitivamente a lo largo de sus años escolares. Con el apoyo amoroso de padres y adultos, los niños disfrutarán del viaje hacia el desarrollo de amistades significativas durante toda su vida.

Para obtener una vista completa de este artículo, visite: <https://www.exchangefamilycenter.org/exchange-family-center-blog/2019/10/1/the-benefits-of-early-childhood-friendships-and-3-tips-for-helping-your-child-establish-meaningful-friendships>

Actividades Para toda la familia Planificadas en el Lincoln Park del centro de Long Beach

La ciudad de Long Beach está lanzando una nueva serie de eventos familiares gratuitos en el Lincoln Park del centro de Long Beach para familias, adolescentes y adultos mayores.



Para obtener más información y una vista completa del calendario de eventos, visite <https://www.longbeach.gov/park/>

LINCOLN PARK

MONTHLY CALENDAR

2024	TUESDAYS	WEDNESDAYS	FRIDAYS	FRIDAYS
January - March	Walking Group	Intro to Fitness with Park Equipment	Play date in the Park	Come and Dance: Moving & Grooving
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Upcoming Events

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